DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard

OMB No. 1625-0040

Exp. Date: 02/21/2028

APPLICATION FOR MEDICAL CERTIFICATE

Privacy Act Statement

Pursuant to 5 U.S.C. §552a(e)(3), this Privacy Act Statement serves to inform you of why DHS is requesting the information on this form.

AUTHORITY: 14 U.S.C. § 505; 46 U.S.C. §§ 2103, 7101, 7302, 7502; 46 C.F.R. 10.301

PURPOSE: To determine whether an applicant meets the regulatory standards for issuance of a U.S. Merchant Mariner Credential (MMC). The U.S. Coast Guard (USCG) evaluates an applicant's qualifications to determine compliance with the national and international requirements for issuance of the MMC, any endorsement within the MMC, and medical certificate.

ROUTINE USES: The information is used by authorized USCG personnel who have a need for the record to determine whether an applicant is a safe and suitable person and qualifies for the MMC, any endorsement within the MMC, and medical certificate. In addition, the USCG uses the information to maintain and update records of merchant mariner document transactions. This information will not be shared outside of DHS except in accordance with the provisions of DHS/USCG-030, Merchant Seamen's Records, 74 Federal Register 30308 (June 25, 2009); and DHS/USCG/PIA-015, Merchant Mariner Licensing and Documentation System.

CONSEQUENCES OF FAILURE TO PROVIDE INFORMATION: Furnishing this information (including your SSN) is voluntary. However, failure to furnish the requested information may result in the non-issuance of the MMC, any endorsement within the MMC, and medical certificate.

----- Instructions -----

Who must submit this form?

- 1. Applicants seeking a Medical Certificate are required to complete this form and submit all 10 pages, including instructions, to the U.S. Coast Guard. Guidance for completion of this form can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.PDF.
- 2. Mariners applying for or holding a merchant mariner credential with only an entry-level endorsement who serve on a vessel not subject to the International Convention on Standards of Training, Certification and Watchkeeping (STCW) but who request a medical certificate that satisfies the Maritime Labor Convention (MLC), AND want to be qualified for lookout duties should submit this form. Sections III (Medical Conditions), IV (Medications) and V (Physical Examination) of the CG 719K DO NOT have to be completed. The medical certificate will be restricted to entry-level only.
- 3. The Coast Guard will not accept an application for a medical certificate without a reference number or a Merchant Mariner Credential (MMC).

Who may conduct this exam?

- 1. All exams, tests and demonstrations must be performed, witnessed or reviewed by a physician, physician assistant, or nurse practitioner licensed by a state in the U.S., a U.S. possession, or a U.S. territory.
- 2. Medical examinations for U.S. Registered Pilots must be conducted by a licensed medical doctor.

Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner (MP)

- Legal Name Enter complete legal name.
- Date of Birth If applicant is under 18 years of age, attach a notarized statement, signed by a parent or guardian, authorizing the Coast Guard to issue a
 Medical Certificate.
- Mariner Reference Number or Social Security Number If you have held a Coast Guard credential in the past, enter your reference number.
- Sex Enter your sex.
- Home Address Principle place of residence. PO Box is not acceptable.
- Delivery/Mailing Address The address to which you want all correspondence and issued certificates sent. If blank, correspondence and certificates will be sent to the Home Address.
- Primary Phone Number Provide a primary phone number.
- Alternate Phone Number Provide an alternate phone number (optional).
- E-mail Address (Optional) If provided, the National Maritime Center (NMC) may attempt to contact you via e-mail. You will receive automated updates regarding the status of your application.
- Other Please provide additional means of communicating with you (satellite phone, work phone, etc.) (optional).
- Endorsement held or sought Applicants should select all options that apply. If nothing is selected, the Coast Guard will not accept the application.

Section II: Food Handler Certification - To be completed by the Medical Practitioner

Refer to instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section III: Medical Conditions - To be completed by the Applicant and the Medical Practitioner

- **III(a)** Applicants must report their relevant medical conditions to the best of their knowledge. Applicants should check YES if: 1) they have had a previous diagnosis, or treatment for the condition by a health care provider; 2) they are currently under treatment or observation for the condition; or 3) the condition is present, regardless of treatment status.
- III(b) The Medical Practitioner must review and discuss all conditions reported by the applicant in Section III(a). The Medical Practitioner's discussion should include, at a minimum, the name of the condition, approximate date of diagnosis, treatment, current status of the condition, limitations of the condition, and any additional information as appropriate. Recommended supporting documentation and testing for conditions that are subject to further review are contained in the Merchant Mariner Medical Manual which can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.
 PDF. Medical practitioners should be familiar with the guidelines contained within this document. If the Medical Practitioner discovers a condition not reported by the applicant, they must check YES in the appropriate block in III(a) and provide information on the condition, as requested, in Section III(b). For conditions that were Previously Reported, the Medical Practitioner need only discuss the interval history and current status of the condition. Additional sheets may be added by the applicant and/or the medical practitioner if needed to complete this section of the form. Include applicant's name and DOB on each additional sheet. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

and DOB on each additional sheet. The Medical Prac			
	☐ MEDICAL PRACTITIONE	R INITIALS: DAT	ΓE:
rint Applicant Name:(Last, First, Ml.)		Date of Birth: (MM/DD/YYYY)	

Section IV: Medications - To be completed by the Applicant and reviewed by the Medical Practitioner Applicants - Refer to instructions provided in this section. Medical Practitioner - Verification of medications includes guestioning the applicant about any medications or other substances reported, reviewing relevant medical conditions to determine if the applicant has omitted any medications or other substances, and affirmatively reporting any omitted current medications or other substances where required. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section V: Physical Examination - Items 1-17; To be performed and completed by the Medical Practitioner The Medical Practitioner must document the results of the physical examination in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section VI: (Vision) and VII: (Hearing) - To be completed by the Medical Practitioner or other staff to the satisfaction of the Medical Practitioner The Medical Practitioner is not required to perform or witness the vision and hearing examinations. These may be performed by qualified office staff or referred to other qualified practitioners such as audiologists or optometrists; however, the results must be reviewed by the Medical Practitioner. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Additional guidance can be found at: https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF. Section VIII: Demonstration of Physical Ability - To be completed by the Medical Practitioner Refer to the table and instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section IX: Summary - To be completed by the Medical Practitioner a. Applicant Proof of Identity Provided - Applicants shall present acceptable proof of identity to the Medical Practitioner conducting examinations. Proof of identity shall consist of one current form of valid government-issued photo identification. Examples of acceptable proof of identity include unexpired official identification issued by a Federal, State, or local government or by a territory or possession of the United States, such as a passport, U.S. driver's license, U.S. military ID card, Merchant Mariner Credential, or Transportation Worker Identification Credential. b. Certification recommendation - The Medical Practitioner must ensure a complete history and physical are conducted. The practitioner should address the listed questions and make a certification recommendation. The Coast Guard retains final authority for the issuance of the medical certificate. c. Assessment - The Medical Practitioner should provide answer to statement 1 or 2, as appropriate for the credential sought. Option 2 is for mariner applicants who are only seeking an MLC-compliant, entry-level medical certificate. d. Discussion - The Medical Practitioner should discuss any conditions or issues of concern. e. Medical Practitioner (Attestation and Information) - Attests that the general medical examination, vision and hearing tests, and demonstration of physical ability, as appropriate, have been performed to the satisfaction of the Medical Practitioner. The Medical Practitioner must sign and date the attestation where indicated. This signature attests, subject to criminal prosecution under 18 USC § 1001, that all information reported by the Medical Practitioner is true and correct to the best of their knowledge and that the Medical Practitioner has not knowingly omitted or falsified any material information relevant to this form. Section X: Applicant Certification - To be completed by the Applicant Applicant certifies that the information provided is true and correct. Section XI: Applicant Consent (optional) - To be completed by the Applicant Third Party Authorization - If you want the NMC to be able to discuss, release, or receive information/documents regarding your medical certificate application with a third party (spouse, employer, school, union, etc.) you must provide specific guidance to the NMC regarding what issues we may discuss and with whom. You may allow release of all information to certain individuals or entities. If you limit the release of certain information you must be specific by making a selection on the application or by attaching additional documentation. For each selection made, ensure the Name of the Organization or Third Party, Organization Point of Contact (if applicable), Address and Phone Number is completed. If you wish to provide multiple Third Party Authorizations, attach additional pages as needed. Please sign and date for each type of consent that you wish to authorize. a. Consent for Medical Practitioner to Release Information to the Coast Guard b. Consent for Coast Guard to Release Information to a Third Party c. Consent for Third Party to Act on your Behalf MEDICAL PRACTITIONER INITIALS: Print Applicant Name: (Last, First, MI.) Date of Birth: (MM/DD/YYYY)

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	AF	PPLICATION FOR M	EDICAL CERTIFICATE	Ξ			
Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner							
Last Name	F	irst Name	Middle Name		Suffix (Jr., Sr., III)		
Mariner Reference Number or Social	Security Number	Sex:			Date of Birth (MM/DD/YYYY)		
		Male	Fen	nale			
Please indicate best method(s) of	contact by che	ecking the appropriate t	oox(es).				
Home Address (PO Box NOT accept	able)						
Street Address			Primary Phone Number				
C <mark>ity</mark> 「	State	Zip Code	Alternate Phone Number				
Delivery/Mailing Address, if different Street Address	(PO Box accept	able)	E-mail Address				
City	State	Zip Code	Other				
Endorsement Held or Sought (0	Check all that a	pply or the Coast Guar	d will not accept the applic	cation):			
Other (Please explain):	wification	To be completed by	the Medical Prostition				
Section II: Food Handler Ce	ertification -	10 be completed by	the Medical Practition	ner			
 Food Handlers must obtain a state the health or safety of other individed in the section I, above), the Medical Praze is defined excreta or other discharges from the infected person. The Medical Practitioner need not workers should report information Practitioner should consider when a. Whether the applicant reports to 	duals in the work, actitioner may produce in 46 CFR 10.1 he body; or indirect the perform any adabout their health certifying an appropriation.	place. For applicants who rovide the attestation by a 07 as any disease capablectly, via substances or inal ditional testing unless it is h as it relates to diseases blicant include, but are not	have requested Food Handlenswering Yes or No to the quested from our animate objects contaminated deemed clinically necessary, that are transmissible through limited to, the following:	er Certification (Foo estion in bold below. ne person to another d with excreta or other . Applicants and cur h food. Circumstance	ad Handler box is checked in . r directly, by contact with er discharges from an rrently employed food ces that the Medical		
Shigella Spp., Shiga-toxin-prod				ns including, but not	illilited to, Sairionella Typni,		
 b. Whether the applicant reports t gastrointestinal illness such as 				urce that is associate	ed with an acute		
 c. Whether the applicant reports t on exposed portions of the arm 		n containing pus, such as	a boil or infected wound, which	ch is open or drainin	g and is on hands or wrists or		
		Is the applica	ant free from communica	ıble disease?	Yes No N/A		
		MEDICAL I	PRACTITIONER INITIALS	s: 🗆 🛭	DATE:		

Print A	Print Applicant Name: (Last, First, MI.) Date of Birth: (MM/DD/YYYY)													
Section III(a): Medical Conditions - To be completed by the Applicant and reviewed by the Medical Practitioner														
I have	I have a medical waiver (MW) : Yes No If YES , provide a copy to the Medical Practitioner, and mark the MW box below.													
To the best of your knowledge, have you ever had, required treatment for, or do you presently have any of the following conditions? If no, please mark the NO box below. If yes, please mark the YES box below, and if previously reported (PR) , mark the PR box below.														
ITEM YES NO PR MW CONDITIONS														
1.				1. B	Blurry visi	on, poor ni	ght vision, ey	ye disease c	or injury, eye	surgery, a	abnormal col	lor vision,	cataracts of	or glaucoma
2. Hearing loss, hearing aid, ear surgery, facial deformities, open tracheostomy or frequent severe nose bleeds														
3. High or low blood pressure														
4.	4. Heart or vascular disease of any kind, to include angina, chest pain, irregular heart beat, heart valve problem/ replacement, heart attack/myocardial infarction, or congestive heart failure										problem/			
5.				5. H	leart surç	gery and/or	implanted d	devices (for e	example, and	gioplasty,	stent, pacem	naker, or o	defibrillator))
6.				6. Li	ung dise	ase of any	type (for exa	ample, asthn	na, emphyse	ema, or ch	ronic obstruc	ctive pulm	nonary dise	ase (COPD))
7.				7. A	ny blood	l disorder (f	for example,	, anemia, hei	mophilia, blo	od clots, o	or polycythen	mia)		
8.				8. D	Diabetes,	glucose int	tolerance, or	r sugar in uri	ne					
9.				9. T	hyroid pr	roblem requ	uiring treatm	ent or hospi	talization					
10.								rder requirin epatitis or jau		edical car	e/medication	n, or caus	ing significa	ant bleeding
11.				11. 1	Kidney p	roblems/st	ones or bloo	od in urine						
12.				12. /	Any othe	er urinary or	r bladder pro	oblems not li	sted above r	equiring tr	eatment or h	nospitaliza	ation	
13.								al treatment,						
14.								ctions to any					·	
15.	 15. Communicable disease or chronic infectious diseases such as tuberculosis, HIV/AIDS, or hepatitis 16. Any sleep problems (for example, obstructive sleep apnea, restless leg syndrome, narcolepsy, shift work 													
16.				,	sleep dis	order, or in	nsomnia)	le, obstructiv	e sleep apn	ea, restles	ss leg syndro	ome, narc	colepsy, shit	ft work
17.						, fits, or sei								
18.				18. 1	History o	of serious h	ead injury, lo	oss of consc	iousness or	memory lo	OSS			
19.				19. 1	Frequen	t or severe	headaches							
20.				20. 1	Dizzines	s/fainting s	pells/balance	e problems						
21.				21.	Frequen	t motion sid	kness requi	iring medicat	tion					
22.				22.	Stroke o	r Transient	Ischemic At	ttack (TIA), b	rain tumor o	r other bra	ain disorder			
23.				23. /	Any neur	rologic diso	order or nerv	e problems i	including nur	mbness ar	nd/or paralys	sis, not lis	ted above	
24.				24. /	Attention	deficit disc	order with or	r without hyp	eractivity					
25.				25. /	Anxiety,	depression	n, bipolar disc	order, adjust	tment disord	er, PTSD,	or schizoph	renia		
26.				26.	Suicide a	attempt or t	hought(s) of	f suicide (Su	icidal Ideatio	n)				
27.								talization for otion medicat				addiction,	or depende	ence
28.				28. /	Any othe	er psychiatr	ic disorder, r	mental healt	h evaluation/	treatment/	/hospitalizati	ion		
29.				29. 1	Back, ne	ck or joint p	problems tha	at impair mo	vement or ca	ause debil	itating pain			
30.				30. /	Amputat	ion, prosthe	esis, or use o	of ambulator	y devices (fo	or example	e, cane, walk	er, or bra	aces)	
31.								dislocations of						
32.				+ + +				a vessel as					n the last si	x years?
33.				 				rs, illnesses,						
34 .				34.	Any host	oital admiss	sions within t	the last six y	ears not liste	ed elsewh	ere in this Se	ection?		
							N	MEDICAL PR	RACTITIONE	ER INITIA	LS:	D .	ATE:	

Print Applicant Name:	(Last, First, MI.)			Date of Birth: (MN	//DD/YYYY)	
Section III(b): Me	dical Condition	ns - To be completed by th	ne Medical Prac	ctitioner		
Instructions: For ea below. For each condition. For conditions with a Please attach approfurther review and the https://media.defens	ch item marked Yedition marked Pre Medical Waiver of priate evaluation or recommended ese.gov/2019/Sep. tional information	(MW) review the applicant's want adata for conditions that are signal valuation data can be found in has been attached by marking transe and date of birth on ear	cal Practitioner management of the restriction of the restriction of the management of the Merchant Material Ma	nust provide the information of discuss the intervaluach all waiver reportation of the following manner Medical Manualus of box. Additional sections of the following sections are manualus of the following sections of the follo	Il history and conting requirements to conditions the conditions are conditions to conditions the conditions th	ents. and are subject to
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition			Treatment			
Status			Limitations			
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition	Dute of offset (r diagnosis (minraaryyyy)	Treatment			
Status			Limitations			
Item #	Date of onset	or diagnosis (mm/dd/yyyy) [Attached
Condition			Treatment			
Status			Limitations			
Item #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition	•		Treatment	<u> </u>		
Status			Limitations			
tem #	Date of onset	or diagnosis (mm/dd/yyyy)				Attached
Condition			Treatment			
Status			Limitations			
		MEDIC	AL DRACTITION	IED INITIAL C.		· E.

Print Applicant Nam	e: <i>(La</i> s	t, Firs	t, MI.)						ate of Birth	n: <i>(l</i>	MM/DD/YYYY)		
Section IV: Med	icatio	ns -	To be comp	oleted	by the Applica	ant and	d review	ved	by the Me	edi	cal Practitione	r	
Do you currently us	e any	medic	ation (presc	ription	or nonprescription	on)?	Yes	No I	f YES, provid	de tl	he information requ	ested in the	blocks below.
Applicants Must Report 1. All medications (Prescription or Nonprescription), dietary supplements, and vitamins; that were filled, or refilled, and/or taken within 30 days prior to the date the applicant signs the CG-719K; and 2. All medications (Prescription or Nonprescription), dietary supplements, and vitamins that were used for a period of 30 or more days within the last 90 days 1. Medical P listed in the 2. Medical P of time the presence								in the al Pr e the	e table below actitioner co applicant ha	ust v v. mm as ta	dical Practitioner verify applicants me ents should include ken the medication y side effects.	the approx	imate length
prior to the date the applicant signs the CG-719K. Additional guidance on medications, including those that may be considered disqualifying, can be found at													
https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.PDF. Additional sheets may be attached by the Applicant and/or Medical Practitioner if needed to complete this section. (Include applicant name and date of birth on each additional sheet and check the box indicated on the right) ATTACHED													
MEDICATION	DOS		REQUENCY	eacn	CONDITION						OMMENTS (Durati		
MEDICATION	DOS)E I	REQUENCT		CONDITION		WIEDICAL	- FK	ACTITIONER		OIVINEN 13 (Durau	on or ose/s	Side Ellecis)
				R	EPORT OF ME	DICAL	EXAMI	INA ⁻	TION				
Section V: Phys	ical F	xam	ination - Ite							, th	e Medical Prac	titioner	
Height (inches only):		W	eight	F	Pulse Resting:	Bloc			<u> </u>	1	Body Mass Inde	ex (BMI):	<i>II)</i>
7/	Ple		,		e space provided			ated	as an "abn	٦.			<u> </u>
Item		Norm	al Abnorma	ıl	Item		Norma	al A	bnormal		Item	Normal	Abnormal
1. Head, Face, Neck,	Scalp				7. Upper/Lower Ex	ctremities	s 🔲				13. Skin		
2. Eyes/Pupils/EOM					8. Spine/Musculos	keletal					14. Neurologic		
3. Mouth and Throat					9. Vascular Syster	n					15. Mental Status		
4. Ears/Drums					10. Abdomen							No	Yes
5. Lungs and Chest					11. General/Syster	mic					16. Hernia		
6. Heart					12. Extremities/Dig	it							
Additional Medical C	Comme	ents (I	Please Print)										
					MEDIC	:ΔI PP	ACTITIO	ME	R INITIAL S		□ D Δ	re.	

Print Applicant Name: (Last, First, M	<u>//.)</u>					Date of Birth: (MM/DD/YYYY)		
Section VI: Vision - Must be performed by the Medical Practitioner , their medical staff or other qualified practitioner. Results must be reviewed by the Medical Practitioner . Additional guidance can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF.								
a. Visual Acuity								
Distance Vision, Uncorrected: If corr	ection required	I, Distance Vis	sion Correctab	le To:		Field of Vision		
Right: 20/ Normal (the applicant's horizontal field of vision is greater than or equal to 100 degrees). Left: 20/ Abnormal								
The Medical P i	actitioner mu	st indicate wh	nich test was	utilized	, and	on sense using one of the following testing methodologic and the number of errors obtained. In order to meet the exwithout the use of color enhancing lenses.		
AOC (1965) - (6 or fewer errors o	n plates 1-15)			Ishiha	ıra ps	pseudoisochromatic plates test, 14 plate (5 or less errors)		
AOC-HRR (2nd Edition) - (No erro	ors in test plates	7-11)		Ishiha	ara ps	pseudoisochromatic plates test, 24 plate (6 or less errors)		
HRR PIP (4th Edition) - (No errors	s in test plates 5-	·10)		Ishiha	ıra ps	pseudoisochromatic plates test, 38 plate (8 or less errors)		
Richmond (2nd and 4th Edition) -	(6 or fewer error	rs)		Farns	worth	orth Lantern (colored lights) Test per instruction booklet		
Titmus Vision Tester/OPTEC 200	0 - (No errors on	6 plates)		Dvorir	ne (2ı	(2nd Edition) pseudoisochromatic 15 plate test (6 or less errors	;)	
OPTEC 900 (colored lights) Test	per instruction bo	ooklet						
Alternative Testing (attach evaluation	n/test results): [Farnsworth	D-15 Hue Tes	t (<i>Engin</i>	eer/ra	r/radio officer/tankerman/MODU only)		
		Formal oph	thalmology/opt	ometry	color	or vision evaluation		
		Other alterr	native test acce	eptable t	o the	he Coast Guard		
Color Vision Testing Results:		г						
Passed Failed		ber of Errors:						
Section VII: Hearing - Must be Results must be reviewed by the			cal Practition	oner, th	heir	ir medical staff or other qualified practitioner.		
			ith or without h	earing a	ids d	s does not need to complete either the audiometer test or the		
functional speech discrimination test.	•	_		J		<u> </u>		
Normal Hearing			al Hearing			Hearing Aid Required		
 (a) If hearing is abnormal, then perform either a functional speech discrimination test at 65dB or an audiogram documenting thresholds and averages as indicated below. Both aided and unaided values should be recorded for applicants requiring hearing aids. (b) All applicants with an unaided threshold > 30dB in the better ear should have functional speech discrimination testing performed at 65dB. (c) Refer to the Merchant Mariner Medical Manual which can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.PDF for further guidance. Report any additional information or comments in Section IX. 								
	т	Audiomete hreshold Va				Functional Speech Discrimination Test @ 65dB, if required by	,	
500Hz	1,000Hz	2,000Hz	3,000Hz	Aver	rage	ge instruction (b) above	۷	
Right Ear (Unaided)						Right Ear (Unaided): %		
Left Ear (Unaided)						Left Ear (Unaided): %		
Right Ear (Aided)						Right Ear (Aided): %		
Left Ear (Aided)						Left Ear (Aided): %		
			MEDICAL PF	RACTIT	ION	NER INITIALS: DATE:	-	

Print Applicant Name: (Last, First, M	11.)	Date of Birth: (MM/DD/YYYY)					
Section VIII: Demonstration of	of Physical Ability - To be completed by the	e Medical Practitioner					
LISTS OF TASKS CONSIDERED NECESSARY	Y FOR PERFORMING ORDINARY AND EMERGENCY RESPONSE	SHIPBOARD FUNCTIONS					
Shipboard Tasks, Function, Event, or Condition	Related Physical Ability	The Examiner Should Be Satisfied That The Applicant:					
Routine movement on slippery, uneven, and unstable surfaces	Maintain balance (equilibrium)	Has no disturbance in sense of balance					
Routine access between levels	Climb up and down vertical ladders and stairways	Is able, without assistance, to climb up and down vertical ladders and stairways					
Routine movement between spaces and compartments	Step over high doorsills and coamings, and move through restricted accesses	Is able, without assistance, to step over a doorsill or coaming of 24 inches (600 millimeters) in height. Able to move through a restricted opening of 24 x 24 inches					
Open and close watertight doors, hand cranking systems, open/close valve	Manipulate mechanical devices using manual and digital dexterity, and strength	Is able, without assistance, to open and close watertight doors the may weigh up to 55 pounds (25 kilograms); should be able to move hands/arms to open and close valve wheels in vertical and horizontal directions; rotate wrists to turn handles; able to reach above shoulder height					
Handle ship's stores	Lift, pull, push, carry a load	Is able, without assistance, to lift at least a 40 pound (18.1 kilograms) load off the ground, and to carry, push, or pull the same load					
General vessel maintenance	Crouch (lowering height by bending knees); kneel (placing knees on ground); stoop (lowering height by bending at the waist); use hand tools such as span-ners, valve wrenches, hammers, screwdrivers, pliers	Is able, without assistance, to grasp, lift, and manipulate various common shipboard tools					
Emergency response procedures including escape from smoke-filled spaces	Crawl (ability to move body using hands and knees); feel (ability to handle or touch to examine or determine differences in texture and temperature)	Is able, without assistance, to crouch, kneel, and crawl, and to distinguish differences in texture and temperature by feel					
Stand a routine watch	Stand a routine watch	Is able, without assistance, to intermittently stand on feet for up to four hours with minimal rest periods					
React to visual alarms and instructions, emergency response procedures	Distinguish an object or shape at a certain distance	Fulfills the eyesight standards for the merchant mariner credential					
React to audible alarms and instructions, emergency response procedures	Hear a specified decibel (dB) sound at a specified frequency	Fulfills the hearing standards for the merchant mariner credential					
Make verbal reports or call attention to suspicious or emergency conditions	Describe immediate surroundings and activities, and pronounce words clearly	Is capable of normal conversation					
Participate in fire fighting activities	Be able to carry and handle fire hoses and fire extinguishers	Is able, without assistance, to pull an uncharged 1.5 inch diameter, 50' fire hose with nozzle to full extension, and to lift a charged 1.5 inch diameter fire hose to fire fighting position					
Abandon ship	Use survival equipment	Has the agility, strength, and range of motion to put on a personal flotation device and exposure suit without assistance from another individual					
 The Medical Practitioner should indicate whether the applicant can meet the guidelines listed in the table above. If the Medical Practitioner doubts the applicant's ability to meet the guidelines contained within this table, and for all applicants with a Body Mass Index (BMI) of 40 or higher, the practitioner should require that the applicant demonstrate the ability to meet the guidelines contained within this table. This does not mean, for example, that the applicant must actually don an exposure suit, pull an unchanged 1.5 inch diameter 50' fire hose with nozzle to full extension, or lift a charged 1.5 inch diameter fire hose to firefighting position. Rather, the Medical Practitioner may utilize alternative measures to satisfy themselves that the applicant possesses the ability to meet the guidelines in the third column. A description of the methods utilized by the Medical Practitioner should be reported in the Comments section provided below. All practical demonstrations should be performed by the applicant without assistance. Any prosthesis normally worn by the applicant, and any other aid devices, may be used by the applicant in all practical demonstrations except when the use of such items would prevent the proper wearing of mandated personal protection equipment (PPE). If the Medical Practitioner is unable to conduct the practical demonstration, the applicant should be referred to a competent evaluator of physical ability. The Coast Guard recognizes that not all medical practitioners will have the equipment necessary to test all of the tasks as listed. Equivalent alternate testing methodologies may be used. For further information, check the Merchant Mariner Medical Manual which can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF. If the applicant's inability to meet the standards. The results of any practical demonstration or at							
Results: perform all of		licant does NOT have the physical strength, agility, and flexibility perform all of the items listed in the physical ability table.					
COMMENTS: (Please Print)							
	MEDICAL PRACTITIO	NER INITIALS: DATE:					

Section IX: Summary - To be completed by the Medical Practitioner a. Applicant proof of identity provided: Yes No b. Certification recommendation: Recommended Not Recommended Needs Further c. Assessment: 1. Preliminary screening indicates that the applicant is not at high risk of having a condition(s) that poses a significant risk of sudden incet tion or debilitating complication, to include, uncontrolled obstructive sleep apnea, diabetes mellitus or coronary Yes No Needs Further artery disease: OR. 2. (Entry-level, only) - To the best of my knowledge, mariner applicant is free from any medical condition likely to be aggravated by service at sea or to re seafarer unfit for such service or to endanger the health of other persons on board. d. Discussion: Please discuss any conditions subject to further review identified in Section III(b) or any other concerns. Please print or type. e. Medical Practitioner: My signature attests, subject to criminal prosecution under 18 USC § 1001, that all information reported by me is true and correct to the best of my knowledge and that I have not knowingly omitted or falsified any material information relevant to this form. My signature also attend that I have fully evaluated all examination tests and results submitted in support of this application.	Review						
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Last Name M.I. License Number State							
Signature Date (MM/DD/YYYY) Phone Number MD DO PA NP							
Office Street Address							
City State Zip Code							
(Place office address stamp	here)						
Section X: Application Certification - To be completed by the Applicant							
My signature below attests, subject to prosecution under 18 USC § 1001, that all information provided by me on this form is complete and true to the best of my knowledge, and I agree that it is to be considered part of the basis for issuance of any medical certificate to me. I have not knowingly omitted any material information relevant to this form. I have also read and understand the Privacy Notice that accompanies this form.							
Signature of Applicant Date (MM/DD/YYYY)							
An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a valid OMB control number. The United States Coast Guard estimates that the average burden for this form is 18 minutes. You may submit any comments concerning the accuracy of burden or any suggestions for reducing the burden to the Chief, Office of Merchant Mariner Credentialing, 2703 Martin Luther King, Jr. Ave, S.E., STOP Washington, D.C., 20593-7509.	f this						

Print Applicant Name:(Last, First, MI.)		Date of Birth: (I	MM/DD/YYYY)
Section XI: (Optional) Applicant	Consent - To be completed	by the Applicant	Declined _
a. CONSENT FOR MEDICAL PRACTITION My signature below authorizes the Medical F Coast Guard personnel, any pertinent inform Guard prior to determining whether the Coast I understand that this authorization is volunta determination as to whether the Coast Guard Guard determines whether to issue me the re	Practitioner, who has signed the certination in his/her possession regardingst Guard should issue a merchant mary. I also understand that failure to put should issue me a merchant marin	fication on page 9 of this form, to re g any physical or medical condition ariner medical certificate. provide authorization could affect th er medical certificate. This authoriz	that may require review by the Coast e Coast Guard's ability to make a timely ation will remain in effect until the Coast
•	ny time prior to its expiration date by taken before they received the notific	cation.	titioner in writing, but the revocation will
u Upon request, I may see or copy the u I am not required to sign this releas	e information described in this releas to to receive my medical evaluation.	6e.	
Signature of Applicant	,		Date (MM/DD/YYYY)
My signature authorizes the Coast Guard to authorization at any time prior to its expiration Please provide the Name of the Organization attached separately. Iame of Organization or Third Party	on date by notifying the Coast Guard	in writing.	
Organization Point of Contact (if applicable)		Phone Number	
Street Address			
City		State	Zip Code
ignature of Applicant			Date (MM/DD/YYYY)
c. CONSENT FOR THIRD PARTY TO ACT My signature authorizes the following third possible certificate. This means that the Coast Guard request agency action on my behalf, and recomplete I understand that I may revoke this authorized Please provide the Name of the Organization separately. Jame of Organization or Third Party	arty to act on my behalf in all matte I will share my medical information a ceive my medical certificate. ation at any time prior to its expiration	nd correspond with the third party, and date by notifying the Coast Guard	and it means that the third party can in writing.
Organization Point of Contact (if applicable)		Phone Number	
Street Address			
City		State	Zip Code
ignature of Applicant			Date (MM/DD/YYYY)